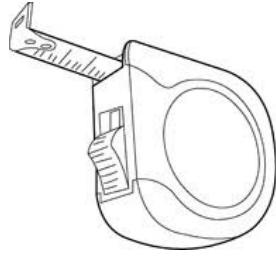


Learn about the [history of black cowboys/girls](#) for I Love Horses Day. Speaking of pets, are you fire safety ready?
BONUS: conduct a gummy worm [science experiment!](#)



It's Wednesday!
July 15th

Read/watch [this](#) for National Tape Measure Day, then have the kids measure stuff around the home and outside.
BONUS: have mac 'n' cheese for dinner!



It's Tuesday!
July 14th

It's National Delaware Day! Learn about the first state to ratify the Constitution of the United States and then watch Wayne's World (you know the scene).
BONUS: have frank & beans & French fries for dinner!



It's Monday!
July 13th

Welcome to Mom Camp!
July 13-17, 2020
Following are suggestions for some fun things to do, WATCH, MAKE, or EAT with your children inspired by the National Day Calendar. Don't forget to HAVE FUN!

It's National Personal Chef Day! If you were a personal chef, what would your signature dishes be? Create a menu!
BONUS: make [corn fritters!](#)



It's Thursday!
July 16th

Watch [The Art of Tattooing](#) (and then draw a tattoo of your design!) and/or watch [The Flying Irishman](#) for Wrong Way Corrigan Day. If you'd like to do more drawing, create a new emoji for World Emoji Day!
BONUS: make [vegan peach ice cream](#) for dessert!



It's Friday!
July 17th

Compiled by
[@danceswithkids](#)

With help from
Stay Home
Wear A Mask
& Wash Your Hands

More stuff at:
[rebeccabirdgrigsby.com](#)

Behold the
MOM
CAMP
ZINE

For the week of
July 13-17, 2020

WOO!